Evening Open Meeting



Programme – Tuesday 28th May 2024 (Held under UKA Competition Rules)

This Open Meeting is included in the 2024 Sapphire League series.

<u>Track</u>

Time	Event	Age
6.10	60m Mini Hurdles	U11
6.20	70m Hurdles	U13G
6.25	600m	U11
6.35	75m Hurdles	U13B, U15G
6.45	100m	U13 & Above
7.15	80m Hurdles	U17W & U15B
7.20	75m	U11
7.30	800m	U13
7.35	200m	U13 & Above
8.00	BMC - 800m & 1500m – see Note 5	U15 & Above

Field Number of trials in Field Events: U11 & U13 - 3 trials, U15 & Above – 4 trials

6.15	Long Jump	U13
6.15	Hammer	U13 & Above
6.45	High Jump – below 1.35m	U13 & Above
6.45	Long Jump	U11
7.00	Shot Putt	U13 & Above
7.20	Long Jump	U15 & U17
7.30	High Jump – Opening Height 1.35m	U13 & Above
7.45	Javelin	U13 & Above
8.00	Long Jump	U20 & Above

Entry in advance only: www.exterharriers.org.uk/exeter-open-competions-9000

Notes

- 1. Closing date: Midnight, Saturday May 25th.
- 2. Age groups: Ages as on 31st August 2024
- 3. Maximum of 3 events.
- 4. Entry fee is £12 which is payable through the online entry form. (No BACS payments)
- 5. BMC races: entry in advance only <u>www.britishmilersclub.com/entries-for-bmc-races</u> deadline on Thursday May 23rd.
- 6. Open Events: U11 & U13 events will take place in age groups. Track events will be graded where possible.

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